

~ Presenting Sponsors ~



Northeast Delta Dental



~Marathon Sponsors~



More Race Sponsors

Hannaford Food & Drug • Brooks • TARGET  
Fiddlehead Farms Marketplace • Raiche & Company CPA's, PA  
Hilltop Chevrolet • Stoneface Brewery • BBCRD

Special Thanks to:

Dover Recreation Department & Rochester Runners Club

Reds Race is proud to be part of the Dover Race Series

Register for the series today and start your run to receive the official Dover Race Series pullover for 2019.

Series registration is free. Each race must be individually signed up and paid for by series participants.

Go to [www.doverraceseries.com](http://www.doverraceseries.com) for Series registration, list of races, dates and links to register.



The series consists of 11 races. Participants must complete 7 races at least 5K in length with one longer than 5K.

Participants 14 and under must complete 7 races at least 5K in length.

[www.doverraceseries.com](http://www.doverraceseries.com)

38th Annual



5 Mile Road Race & 2.4 Mile Walking Course

USATF Certified  
NH#91003WN

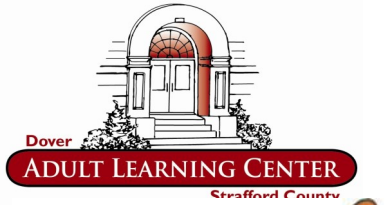
Sunday  
April 7, 2019

Start Time: 10:00AM  
Dover City Hall  
288 Central Ave.  
Dover, NH

[www.reds-race.com](http://www.reds-race.com)

## Reds Race for a Better Community

is a community fundraiser helping thousands of people in Strafford County through the important work of these six local non-profit agencies, who organize the race:



Monarch School  
of New England



MINI GREEN WAVE



DOVER HOUSING AUTHORITY  
SEYMOUR OSMAN COMMUNITY CENTER & YOUTH SAFE HAVEN

## 4 Ways to REGISTER

Pre-register by March 13 for a free T-shirt.

### ► Mail this form in by March 31

#### Reds Race

PO Box 232  
Dover, NH 03821-0232  
Make checks payable to "Reds Race"

### ► Online by April 4

[www.reds-race.com](http://www.reds-race.com)

### ► PRE-REGISTRATION

In-person on April 6  
Red's Shoe Barn  
35 Broadway, Dover, NH  
10:00 a.m.— 12:00 p.m.

### ► POST-REGISTRATION

In-person (race day) on April 7  
Dover City Hall  
288 Central Ave., Dover, NH  
8:00 a.m. - 9:45 a.m.

## Awards

- ◆ 1st Overall Male & Female Winners
- ◆ Runner's Up - Male & Female
- ◆ 1st & 2nd place Age Division

#### Age Categories:

14 & under, 15-19, 20-24, 25-29,  
30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64,  
65-69, 70-74, 75-79, 80-89, 90+

Reds Race contact person: Brian Collins  
[bcollins@communitypartnersnh.org](mailto:bcollins@communitypartnersnh.org) or  
[redsrace@gmail.com](mailto:redsrace@gmail.com)

**Please, no dogs day of race.**  
**Thank you!**

## INDIVIDUAL ENTRY FORM One form per registrant

Today's Date: \_\_\_\_\_

Name: \_\_\_\_\_  
Please print clearly

Male  Female  AGE \_\_\_\_\_ DOB \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Email Address: \_\_\_\_\_  
Please print clearly

I am walking/running to support (non profit agency): \_\_\_\_\_

	Choose race option	Pre-Registration	Post-Registration	Free T-shirt Before 3/13/19
<input type="checkbox"/>	5 Mile Road Race (Adult):	\$25	\$30	High Tech
<input type="checkbox"/>	5 mile Road Race (Runner Under 14):	\$12	\$15	High Tech
<input type="checkbox"/>	Walking Course:	\$15	\$20	Cotton
<input type="checkbox"/>	Child 6 or under:	FREE	FREE	XXXXXX

### T-Shirt Size

**MENS SIZES**  XS/Youth  XL  Small  Medium  Large  X-Lg  XX-Lg

**WOMENS SIZES**  XS/Youth  XL  Small  Medium  Large  X-Lg  XX-Lg

**T-shirts may be picked up during pre & post registration days.**  
**No substitutions for t-shirt sizes.**

### Please read and sign liability statement:

In consideration for this entry being accepted, I hereby for myself, my heirs, executors, administrators, waive and release any and all rights and claims for damages I may have against Red's Shoe Barn, Inc, City of Dover, Rochester Runners, Dover Rec. Dept., Wentworth-Douglass Hospital, Dover Race Series, the non-profit agencies named, their agents, representatives, successors, sponsors, or all injuries suffered by me at said event or while traveling to or returning there from.

Signature: \_\_\_\_\_  
If under 18, signature of parent or guardian.